

# God Sends Manna and Quail Exodus 16:1-35



### Here's what happens...

While the Israelites wander in the desert, they need food. They complain about how hungry they are and wish they'd never left Egypt. But God is loyal and sends them food from the sky—manna (a mysterious breadlike substance) and quail.

#### **Bible Point:**

God is loyal, so we're loyal.

Psalm 103:8

Verse

#### **Through the Week**

Gather your "manna and quail" to prepare for meals this week.

- When it's getting close to a snack time, hide packaged or bagged snacks around the house
- Challenge your family to find the snacks, and remind them that the Israelites gathered the food God provided.
- When it's nearing time to prepare dinner, hide the packaged ingredients. For example, if you're making spaghetti with marinara, hide the box of spaghetti and the jar of sauce.
- After your family finds the items, work together as a family to prepare the food. Thank God for loyally giving you food!

☐ Daily	<b>Devotions</b>
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Monday – Exodus 16:1-7

Tuesday - Exodus 16:8-14

Wednesday – Exodus 16:15-21

Thursday – Exodus 16:22-28

Friday - Exodus 16:29-35

#### ☐ Talk About This...

• Give an example of something a loyal friend would do.

## Parent Signature\_\_\_\_

Distributed on Sunday, October 14.

Parents, check off the boxes as your child completes each section, sign the bottom, and return.