

Encouragement from God's Word

I know of no greater way to encourage our hearts than through the scriptures. The scriptures reveal God's heart toward you. The comfort of friends and good books are helpful and appreciated, but it's only God's word that is living and powerful as we read and receive it.

Heb 4:12 For the word of God is living and active.

When I received a diagnosis of cancer in my body it drove me into the scriptures in a new way. It was during this time of testing that I put this booklet of scriptures together, and it strengthened my faith walk when I was weak.

Rom. 10:17 So then faith cometh by hearing, and hearing by the word of God. (KJV)

During that time, when life felt out of control, these scriptures helped me maintain a healthy perspective as I waited and prayed. It kept hope alive in me.

Ps 130:5 I wait for the LORD, my soul waits, and in his word I put my hope.

I eventually received a medical report that my cancer had mysteriously vanished. But even if I had not received my healing, the scriptures enabled me to find peace and to know in my heart and declare with my mouth that "God is Good"!

I encourage you to read over these verses regularly and let them nourish your soul and spirit. Declare them aloud! They will sustain your faith as you wait for your breakthrough.

Pastor Lester Zimmerman

(All scriptures are from the 1984 NIV unless noted)

Encouragement for God's Children

Mt 17:20 . . . I tell you the truth, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there' and it will move. Nothing will be impossible for you.'"

Lk 9:1-2 When Jesus had called the Twelve together, he gave them power and authority to drive out all demons and to cure diseases, and he sent them out to preach the kingdom of God and to heal the sick.

Lk 10:19 I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.

Jn 15:7 If you remain in me and my words remain in you, ask whatever you wish, and it will be given you.

1Jn 4:4 You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world.

1Jn 5:14-15 This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.

Encouragement from God’s Word and Promises

Ps 106:12 Then they believed his promises and sang his praise.

Ps 119:89 Your word, O LORD, is eternal; it stands firm in the heavens.

Ps 119:114 You are my refuge and my shield; I have put my hope in your word.

Ps 130:5 I wait for the LORD, my soul waits, and in his word I put my hope.

Ps 145:13 Your kingdom is an everlasting kingdom, and your dominion endures through all generations. The LORD is faithful to all his promises and loving toward all he has made.

Isa 54:10,14,15, 17 Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed,” says the LORD, who has compassion on you. In righteousness you will be established: Tyranny will be far from you; you will have nothing to fear. Terror will be far removed; it will not come near you. If anyone does attack you, it will not be my doing; whoever attacks you will surrender to you. No weapon forged against you will prevail, and you will refute every tongue that accuses you. This is the heritage of the servants of the LORD, and this is their vindication from me,” declares the LORD.

Isa 55:11 So is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it.

Mt 7:7-11 “Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened. Which of you, if his son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!

Mt 19:26 Jesus looked at them and said, “With man this is impossible, but with God all things are possible.”

Mk 11:22-25 “Have faith in God,” Jesus answered. “I tell you the truth, if anyone says to this mountain, ‘Go, throw yourself into the sea,’ and does not doubt in his heart but believes that what he says will happen, it will be done for him. Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours. And when you stand praying, if you hold anything against anyone, forgive him, so that your Father in heaven may forgive you your sins.”

2Co 1:20 For no matter how many promises God has made, they are “Yes” in Christ. And so through him the “Amen” is spoken by us to the glory of God.

Encouragement for Healing

Ex 15:26 . . . I will not bring on you any of the diseases I brought on the Egyptians, for I am the LORD, who heals you. (“LORD” is translated here as Jehovah-Rapha – the God who heals)

Ex 23:25 Worship the LORD your God, and his blessing will be on your food and water. I will take away sickness from among you.

Ps 30:2 O LORD my God, I called to you for help and you healed me.

Ps 41:1-3 Blessed is he who has regard for the weak; the LORD delivers him in times of trouble. The LORD will protect him and preserve his life; he will bless him in the land and not surrender him to the desire of his foes. The LORD will sustain him on his sickbed and restore him from his bed of illness.

Ps 103:1-6 Praise the LORD, O my soul; all my inmost being, praise his holy name. Praise the LORD, O my soul, and forget not all his benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle’s. The LORD works righteousness and justice for all the oppressed.

Ps 107:19-20 Then they cried to the LORD in their trouble, and he saved them from their distress. He sent forth his word and healed them; he rescued them from the grave.

Ps 118:17 I will not die but live, and will proclaim what the LORD has done.

Pr 3:7-8 Do not be wise in your own eyes; fear the LORD and shun evil. This will bring health to your body and nourishment to your bones.

Pr 4:20-23 My son, pay attention to what I say; listen closely to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to a man's whole body. Above all else, guard your heart, for it is the wellspring of life.

Isa 53:4-5 Surely he took up our infirmities and carried our sorrows, yet we considered him stricken by God, smitten by him, and afflicted. But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed.

Isa 57:18 I have seen his ways, but I will heal him; I will guide him and restore comfort to him.

Jer 30:17 'But I will restore you to health and heal your wounds,' declares the LORD, 'because you are called an outcast, Zion for whom no one cares.'

Jer 33:3.6 Call to me and I will answer you and tell you great and unsearchable things you do not know. . . Nevertheless, I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security.

Mal 4:2 But for you who revere my name, the sun of righteousness will rise with healing in its wings. And you will go out and leap like calves released from the stall.

Mt 8:16-17 When evening came, many who were demon-possessed were brought to him, and he drove out the spirits with a word and healed all the sick. This was to fulfill what was spoken through the prophet Isaiah: "He took up our infirmities and carried our diseases."

Mt 9:35-36 Jesus went through all the towns and villages, teaching in their synagogues, preaching the good news of the kingdom and healing every disease and sickness. When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd.

Mt 12:15 . . . Many followed him, and he healed all their sick.

Mt 15:30-31 Great crowds came to him, bringing the lame, the blind, the crippled, the mute and many others, and laid them at his feet; and he healed them. The people were amazed when they saw the mute speaking, the crippled made well, the lame walking and the blind seeing. And they praised the God of Israel.

Mk 16:17-18 And these signs will accompany those who believe: In my name they will drive out demons; they will speak in new tongues; they will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people, and they will get well.

Lk 10:9 Heal the sick who are there and tell them, ‘The kingdom of God is near you.’

Jn 11:25-26 Jesus said to her, “I am the resurrection and the life. He who believes in me will live, even though he dies; and whoever lives and believes in me will never die. Do you believe this?”

Ac 4:29-31 Now, Lord, consider their threats and enable your servants to speak your word with great boldness. Stretch out your hand to heal and perform miraculous signs and wonders through the name of your holy servant Jesus.” After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.

Ac 5:15-16 As a result, people brought the sick into the streets and laid them on beds and mats so that at least Peter’s shadow might fall on some of them as he passed by. Crowds gathered also from the towns around Jerusalem, bringing their sick and those tormented by evil spirits, and all of them were healed.

Ac 10:36-38 You know the message God sent to the people of Israel, telling the good news of peace through Jesus Christ, who is Lord of all. You know what has happened throughout Judea, beginning in Galilee after the baptism that John preached— how God anointed Jesus of Nazareth with the Holy Spirit and power, and how he went around doing good and healing all who were under the power of the devil, because God was with him.

Ro 8:11 And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you.

Jas 5:14-16 Is any one of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven. Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective.

1Pe 2:24 He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed.

3Jn 1:2 Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

Encouragement when Fearful

Ps 3:6 I will not fear the tens of thousands drawn up against me on every side.

Ps 23:1-6 The LORD is my shepherd, I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul. He guides me in paths of righteousness for his name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

Ps 27:1 The LORD is my light and my salvation— whom shall I fear? The LORD is the stronghold of my life—of whom shall I be afraid?

Ps 34:4 I sought the LORD, and he answered me; he delivered me from all my fears.

Ps 46:1-3 God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging.

Ps 94:18-19 When I said, “My foot is slipping,” your unfailing love, LORD, supported me. When anxiety was great within me, your consolation brought me joy.

Ps 118:6 The LORD is with me; I will not be afraid. What can man do to me?

Isa 41:10-13 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. “All who rage against you will surely be ashamed and disgraced; those who oppose you will be as nothing and perish. Though you search for your enemies, you will not find them. Those who wage war against you will be as nothing at all. For I am the LORD, your God, who takes hold of your right hand and says to you, Do not fear; I will help you.

2Ti 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. (KJV)

Encouragement from God's Peace

Ps 29:11 The LORD gives strength to his people; the LORD blesses his people with peace.

Isa 57:19 . . . Peace, peace, to those far and near, says the LORD. “And I will heal them.”

Da 10:19 “Do not be afraid, O man highly esteemed,” he said. “Peace! Be strong now; be strong.”

Jn 14:27 Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

Jn 16:33 “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

Phil 4:6-7 Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Col 3:15 Let the peace of Christ rule in your hearts,

2Th 3:16 Now may the Lord of peace himself give you peace at all times and in every way.

1Pe 5:7 Cast all your anxiety on him because he cares for you.

Encouragement through Restful Sleep

Ps 3:5 I lie down and sleep; I wake again, because the LORD sustains me.

Ps 4:8 I will lie down and sleep in peace, for you alone, O LORD, make me dwell in safety.

Ps 127:2 . . . He grants sleep to those he loves.

Pr 3:24 When you lie down, you will not be afraid; when you lie down, your sleep will be sweet.

Mt 8:24-27 Without warning, a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. The disciples went and woke him, saying, “Lord, save us! We’re going to drown!” He replied, “You of little faith, why are you so afraid?” Then he got up and rebuked the winds and the waves, and it was completely calm. The men were amazed and asked, “What kind of man is this? Even the winds and the waves obey him!”

Encouragement when Distressed

Ps 4:1 Answer me when I call to you, O my righteous God. Give me relief from my distress; be merciful to me and hear my prayer.

Ps 5:1-2 Give ear to my words, O LORD, consider my sighing. Listen to my cry for help, my King and my God, for to you I pray.

Ps 6:2-4 Be merciful to me, LORD, for I am faint; O LORD, heal me, for my bones are in agony. My soul is in anguish. How long, O LORD, how long? Turn, O LORD, and deliver me; save me because of your unfailing love.

Ps 20:1 May the LORD answer you when you are in distress; may the name of the God of Jacob protect you.

Ps 20:4-8 May he give you the desire of your heart and make all your plans succeed. May we shout for joy over your victory and lift up our banners in the name of our God. May the LORD grant all your requests. Now I know that the LORD saves his anointed; he answers him from his holy heaven with the saving power of his right hand. Some trust in chariots and some in horses, but we trust in the name of the LORD our God. They are brought to their knees and fall, but we rise up and stand firm.

Ps 25:20 Guard my life and rescue me; let me not be put to shame, for I take refuge in you.

Ps 71:9 Do not cast me away when I am old; do not forsake me when my strength is gone.

Ps 119:132 Turn to me and have mercy on me, as you always do to those who love your name.

Ps 120:1 I call on the LORD in my distress, and he answers me.

Ps 121:1-8 I lift up my eyes to the hills— where does my help come from? My help comes from the LORD, the Maker of heaven and earth. He will not let your foot slip— he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep. The LORD watches over you—the LORD is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The LORD will keep you from all harm—he will watch over your life; the LORD will watch over your coming and going both now and forevermore.

Ps 143:11 For your name's sake, O LORD, preserve my life; in your righteousness, bring me out of trouble.

Isa 46:3-4 “Listen to me, . . . you whom I have upheld since you were conceived, and have carried since your birth. Even to your old age and gray hairs I am he, I am he who will sustain you. I have made you and I will carry you; I will sustain you and I will rescue you.

Jer 16:19 O LORD, my strength and my fortress, my refuge in time of distress,

Ro 8:35, 37-39 Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Encouragement through Trusting

Ps 9:9-10 The LORD is a refuge for the oppressed, a stronghold in times of trouble. Those who know your name will trust in you, for you, LORD, have never forsaken those who seek you.

Ps 28:7 The LORD is my strength and my shield; my heart trusts in him, and I am helped.

Ps 37:4-5 Delight yourself in the LORD and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this:

Ps 52:8-9 But I am like an olive tree flourishing in the house of God; I trust in God's unfailing love forever and ever. I will praise you forever for what you have done; in your name I will hope, for your name is good. I will praise you in the presence of your saints.

Ps 62:8 Trust in him at all times, O people; pour out your hearts to him, for God is our refuge.

Ro 15:13 May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

Isa 26:3 You will keep in perfect peace him whose mind is steadfast, because he trusts in you.

Na 1:7 The LORD is good, a refuge in times of trouble. He cares for those who trust in him.

Encouragement in Hope

Ps 31:24 Be strong and take heart, all you who hope in the LORD.

Ps 33:18-22 . . . the eyes of the LORD are on those who fear him, on those whose hope is in his unfailing love, to deliver them from death and keep them alive in famine. We wait in hope for the LORD; he is our help and our shield. In him our hearts rejoice, for we trust in his holy name. May your unfailing love rest upon us, O LORD, even as we put our hope in you.

Ps 42:5 Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God,

Ps 62:5-6 Find rest, O my soul, in God alone; my hope comes from him. He alone is my rock and my salvation; he is my fortress, I will not be shaken.

Ps 119:49-50 Remember your word to your servant, for you have given me hope. My comfort in my suffering is this: Your promise preserves my life.

Ps 119:116 Sustain me according to your promise, and I will live; do not let my hopes be dashed.

Isa 40:31 . . . Those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

La 3:21-26 Yet this I call to mind and therefore I have hope: Because of the LORD'S great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. I say to myself, "The LORD is my portion; therefore I will wait for him." The LORD is good to those whose hope is in him, to the one who seeks him; it is good to wait quietly for the salvation of the LORD.

Ro 12:12 Be joyful in hope, patient in affliction, faithful in prayer.

Encouragement in The Lord our Protector

Dt 23:14 For the LORD your God moves about in your camp to protect you and to deliver your enemies to you. . .

Ps 5:11-12 But let all who take refuge in you be glad; let them ever sing for joy. Spread your protection over them that those who love your name may rejoice in you. For surely, O LORD, you bless the righteous; you surround them with your favor as with a shield.

Ps 12:5,7 "Because of the oppression of the weak and the groaning of the needy, I will now arise," says the LORD. "I will protect them from those who malign them." O LORD, you will keep us safe and protect us from such people forever.

Ps 16:1 Keep me safe, O God, for in you I take refuge.

Ps 17:8 Keep me as the apple of your eye; hide me in the shadow of your wings

Ps 27:5 For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his tabernacle and set me high upon a rock.

Ps 32:6-7 Therefore let everyone who is godly pray to you while you may be found; surely when the mighty waters rise, they will not reach him. You are my hiding place; you will protect me from trouble and surround me with songs of deliverance.

Ps 34:7 The angel of the LORD encamps around those who fear him, and he delivers them.

Ps 40:11 Do not withhold your mercy from me, O LORD may your love and your truth always protect me.

Ps 59:16-17 But I will sing of your strength, in the morning I will sing of your love; for you are my fortress, my refuge in times of trouble. You are my strength, I sing praise to you; you, God, are my fortress, my God on whom I can rely.

Ps 91:1-16 He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, “He is my refuge and my fortress, my God, in whom I trust.” Surely he will save you from the fowler’s snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. A thousand may fall at your side, ten thousand at your right hand, but it will not come near you. You will only observe with your eyes and see the punishment of the wicked. If you make the Most High your dwelling— even the LORD, who is my refuge—then no harm will befall you, no disaster will come near your tent. For he will command his angels concerning you to guard you in all your ways; they will lift you up in their hands, so that you will not strike your foot against a stone. You will tread upon the lion and the cobra; you will trample the great lion and the serpent. “Because he loves me,” says the LORD, “I will rescue him; I will protect him, for he acknowledges my name. He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him. With long life will I satisfy him and show him my salvation.”

Jer 49:11 Leave your orphans; I will protect their lives. Your widows too can trust in me.”

Mt 18:10 “See that you do not look down on one of these little ones. For I tell you that their angels in heaven always see the face of my Father in heaven.

Jn 17:11,15 I will remain in the world no longer, but they are still in the world, and I am coming to you. Holy Father, protect them by the power of your name—the name you gave me— My prayer is not that you take them out of the world but that you protect them from the evil one.

2Th 3:3 But the Lord is faithful, and he will strengthen and protect you from the evil one.

Encouragement in The Lord our Shield

Ge 15:1 After this, the word of the LORD came to Abram in a vision: “Do not be afraid, Abram. I am your shield, your very great reward.”

Dt 33:29 Blessed are you, O Israel! Who is like you, a people saved by the LORD? He is your shield and helper and your glorious sword. Your enemies will cower before you, and you will trample down their high places.”

^{2Sa 22:2-7} He said: “The LORD is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation. He is my stronghold, my refuge and my savior—from violent men you save me. I call to the LORD, who is worthy of praise, and I am saved from my enemies. The waves of death swirled about me; the torrents of destruction overwhelmed me. The cords of the grave coiled around me; the snares of death confronted me. In my distress I called to the LORD I called out to my God. From his temple he heard my voice; my cry came to his ears.

^{2Sa 22:31} “As for God, his way is perfect; the word of the LORD is flawless. He is a shield for all who take refuge in him.

^{2Sa 22:36} You give me your shield of victory; you stoop down to make me great.

^{Ps 3:2-3} Many are saying of me, “God will not deliver him.” But you are a shield around me, O LORD you bestow glory on me and lift up my head.

^{Ps 7:10} My shield is God Most High, who saves the upright in heart.

^{Ps 18:30} As for God, his way is perfect; the word of the LORD is flawless. He is a shield for all who take refuge in him.

^{Ps 18:35} You give me your shield of victory, and your right hand sustains me; you stoop down to make me great.

^{Ps 84:11} For the LORD God is a sun and shield; the LORD bestows favor and honor; no good thing does he withhold from those whose walk is blameless.

^{Ps 115:9} O house of Israel, trust in the LORD—he is their help and shield.

^{Pr 30:5} “Every word of God is flawless; he is a shield to those who take refuge in him.

^{Pr 2:7-8} He holds victory in store for the upright, he is a shield to those whose walk is blameless, for he guards the course of the just and protects the way of his faithful ones.

^{Eph 6:16} In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.

Encouragement in The Lord who Rescues and Saves

^{Ps 17:7} Show the wonder of your great love, you who save by your right hand those who take refuge in you from their foes.

Ps 28:9 Save your people and bless your inheritance; be their shepherd and carry them forever.

Ps 31:2 Turn your ear to me, come quickly to my rescue; be my rock of refuge, a strong fortress to save me.

Ps 31:16 Let your face shine on your servant; save me in your unfailing love.

Ps 69:1 Save me, O God, for the waters have come up to my neck.

Ps 71:3-4 Be my rock of refuge, to which I can always go; give the command to save me, for you are my rock and my fortress.

Ps 91:4 He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart.

Ps 116:6-7 The LORD protects the simple hearted; when I was in great need, he saved me. Be at rest once more, O my soul, for the LORD has been good to you.

Ps 138:7 Though I walk in the midst of trouble, you preserve my life; you stretch out your hand against the anger of my foes, with your right hand you save me.

Isa 33:22 For the LORD is our judge, the LORD is our lawgiver, the LORD is our king; it is he who will save us.

Isa 35:3-4 Strengthen the feeble hands, steady the knees that give way; say to those with fearful hearts, "Be strong, do not fear; your God will come, he will come with vengeance; with divine retribution he will come to save you."

Isa 49:25 But this is what the LORD says: "Yes, captives will be taken from warriors, and plunder retrieved from the fierce; I will contend with those who contend with you, and your children I will save."

Isa 59:1 Surely the arm of the LORD is not too short to save, nor his ear too dull to hear.

Jer 30:11 I am with you and will save you,' declares the LORD. . .

2Ti 4:18 The Lord will rescue me from every evil attack and will bring me safely to his heavenly kingdom. To him be glory forever and ever. Amen.

Encouragement from His Abiding Presence

Ex 33:14 The LORD replied, “My Presence will go with you, and I will give you rest.”

Dt 31:6 “Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you.”

Dt 31:8 “The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.”

Ps 73:23 Yet I am always with you; you hold me by my right hand.

1Ch 28:20 . . . Do not be afraid or discouraged, for the LORD God, my God, is with you.

Isa 41:10 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Isa 43:2 When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.

Mt 28:20 . . . And surely I am with you always, to the very end of the age.”

Encouragement in our Lord

Ex 14:14 “The LORD will fight for you; you need only to be still.”

Job 19:25-27 I know that my Redeemer lives, and that in the end he will stand upon the earth. And after my skin has been destroyed, yet in my flesh I will see God; I myself will see him with my own eyes—I, and not another. How my heart yearns within me!

Ps 18:1-2 I love you, O LORD, my strength. The LORD is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge. He is my shield and the horn of my salvation, my stronghold.

Ps 27:13-14 I am still confident of this: I will see the goodness of the LORD in the land of the living. Wait for the LORD; be strong and take heart and wait for the LORD.

Ps 33:4 For the word of the LORD is right and true; he is faithful in all he does.

Ps 34:15, 17-20 The eyes of the LORD are on the righteous and his ears are attentive to their cry; The righteous cry out, and the LORD hears them; he delivers them from all their troubles. The LORD is close to the brokenhearted and saves those who are crushed in spirit. A righteous man may have many troubles, but the LORD delivers him from them all; he protects all his bones, not one of them will be broken.

Ps 62:11-12 One thing God has spoken, two things have I heard: that you, O God, are strong, and that you, O Lord, are loving.

Ps 73:25-26 Whom have I in heaven but you? And earth has nothing I desire besides you. My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

Ps 77:14 You are the God who performs miracles; you display your power among the peoples.

Ps 138:8 The LORD will fulfill his purpose for me; your love, O LORD, endures forever—

Ps 145:17-20 The LORD is righteous in all his ways and loving toward all he has made. The LORD is near to all who call on him, to all who call on him in truth. He fulfills the desires of those who fear him; he hears their cry and saves them. The LORD watches over all who love him. . .

Jer 29:11-12 For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call upon me and come and pray to me, and I will listen to you.

2Pe 1:2 Grace and peace be yours in abundance through the knowledge of God and of Jesus our Lord.

Psalm 23

The LORD is my shepherd, I shall not be in want.

He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul.

He guides me in paths of righteousness for his name’s sake.

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

You prepare a table before me in the presence of my enemies.

You anoint my head with oil; my cup overflows.

Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

The Lord's Prayer

Our Father in heaven, hallowed be your name,

your kingdom come, your will be done,
on earth as it is in heaven.

Give us today our daily bread.

Forgive us our debts, as we also have forgiven our debtors.

And lead us not into temptation, but deliver us from the evil one.

(for yours is the kingdom and the power and the glory forever. Amen.)